

ELIZABETH L. RICHESON, Ph.D., M.S. PsyPharm
Curriculum Vitae – July 2016

Education

- **Post-doctoral M.S. Clinical Psychopharmacology**, California School of Professional Psychology/Alliant International University (2001)
- **Post-doctoral Fellowship in Health & Clinical Psychology**, Texas Tech Health Sciences Center in collaboration with MHMR, El Paso, Texas (1995)
- **Ph.D. Personality Psychology**, Howard University, Washington, D.C. (1988)
- **M.A. Community Clinical Psychology**, University of Maryland, Baltimore County (1979)
- **B.A. Psychology**, University of Maryland, College Park (1973)

Licenses, Certification and Listings

- Licensed Psychologist (#23889) Texas (active)
- Licensed Master Social Worker-Advanced Clinical Practitioner (#11906) Texas (Emeritus)
- Licensed Marriage and Family Therapist (#01902) Texas (Retired)
- Gerontology Certification
- National Register of Health Service Providers (#44005) in Psychology, since April 29, 1996.

Honors

- El Paso District Attorney's Office: **Help – Hope – Healing Award, 2008**
- Texas Psychological Assn.: **Outstanding Contribution to Public Service Award, 2007**
- Department of the Army: **Certificate of Achievement**
- Georgia State University: **Board of Regents Scholar**
- Dekalb College Dean's List (eight quarters of Highest Honors)
- Psi Chi (Honor Society in Psychology)
- SAAOWC Scholarship for graduate study

Professional Affiliations

- American Association Of Counseling Development (1985-1987)
- American Psychological Association (1979-1987, and 1990 - present)
 - APA Skype in the classroom speaker (2014 to present)
- American Society of Clinical Hypnosis (1983-1984)
- Battered Women's Shelter, Board of Directors (1986-1987)
- El Paso County Psychological Society Board of Directors (1993-1995)
 - Chair, Professional Issues Committee (1993-2010)
- El Paso County Psychological Society Board 2007-2009
- El Paso Psychological Association (1982-1987)
- El Paso Psychological Association, Board of Directors, (1983-1984)
 - Chair, Professional Affiliations
- El Paso Psychological Association, Board of Directors
 - (1984 -1985, Vice President)
 - (1985-1986, President)
- International Society of Hypnosis (1989-1992)
- Jennifer Ann's Group (2006 – present)
 - Chair, Advisory Board

- Chair, Speaker's Panel
 - National and international presentations and professional trainings on teen dating violence
- National Alliance for Mental Illness Board of Directors (2014 to present)
- Texas Psychological Association (1993 - present)
 - (1993-1999, Chair Hospital Practice Committee)
 - (1996-1999, Prescription Privileges Committee)
 - (1998-2003, PSY-PAC Board)
 - (1999-2000, PSY-PAC, President)
 - (1999 - 2000, Co-Chair, Special Interest group in Psychopharmacology)
 - (1999 - Present, Special Interest Group in Psychopharmacology)
 - (2001-2004, Member Board of Trustees)
 - (2015- Present, Member RxP Task Force)
- Editor, *The Texas Psychologist* (2004-2005)
- Texas Psychological Foundation (2003 – Present)
 - (2003-2004, Board Member)
 - (2005-2006, President)
 - (2012-present Board Member)
- RxP Task force (2015 to present)

Clinical Experience

1990 – Present

Licensed Psychologist (1989) in private practice, specializing in depression, anxiety, marriage and family therapy, hypnotherapy, eating disorders, codependency, psychometrics, consultations, lectures, seminars, stress management, group therapies and other diagnostic categories.

1990 – 2011

Licensed Psychologist (1989) Licensed Master Social Worker (1985) Advanced Clinical Practitioner (1988) and Licensed Family and marriage Therapist (1992) in private practice. Specializing in marriage and family therapy, hypnotherapy, eating disorders, codependency, psychometrics, consultation, lectures, seminars, stress management and group therapies.

Feb 1999 – Jan 2001

Regional Academic Coordinator El Paso Post-Doctoral Psychopharmacology Program
California School of Professional Psychology.

June 1995 – 1999

Clinical Assistant Professor

Department of Psychiatry, Texas Tech University Health Sciences Center, School of Medicine, El Paso

May – Oct 1992

Medical Director

Westside Counseling Center, Sun Valley Regional Hospital.

Full responsibility for development and administration of community outreach program.

Aug. 1990 – June 1993

Consultant

Ysleta Independent School District

Consulted on student's claims of sexual harassment and/or abuse. Evaluations, reports and testimonies as necessary.

May 1989 – Sept 1992

Lecturer

Sun Towers Behavioral Health Center

Codependency and Grief,

Supervisee in Psychology, Supervisor Michael P. Hand, Ph.D. Marriage, family child adolescent and adult therapy, hypnotherapy, eating disorders, codependency, after care, psychometrics, consultation, lectures seminars and stress management.

1984 – 1990

Guest lecturer – Management of the Violent Patient

Emergency Medical Technology at Texas Tech Medical School

Fall 1984

Instructor

El Paso Community College, Valle Verde.

1982 - 1988

Program Administrator

Sun Valley Regional Hospital, El Paso, Texas.

Managed psychiatric treatment programs for 72 inpatients (30-Patient Progressive Unit, 34-Patient Special Care Unit and 8-Patient Eating Disorders Tract.), and developed the Eating Disorders Tract.

Interim program administrator for the alcohol and drug treatment program.

Sun Valley Regional Hospital, El Paso, Texas.

(32-patient and drug unit). Major responsibilities included program design and management, clinical direction and supervision of professional and paraprofessional program staff, clinical intervention as one-to-one therapist and group therapist, and working as part of a multidisciplinary team determining patient treatment.

Responsibility for psychological test interpretations, in service for staff, and workshops for patient's Grief work with the alcohol and drug patients. Administrative and managerial duties included budget, staff development and clinical plans. Membership on numerous committees. Major responsibilities for JCAHA and Medicare Surveys. Community relations and referral development duties encompassed public speaking at both community and professional meeting on a multitude of topics.

1980 -1982

Therapist

Counselor Foreigners Community Service (FOCUS), Seoul, Korea

1980-1982

Professor/Lecturer in Psychology at the University of Maryland, Far East Division, Seoul, Korea

Sept. 1980 – May 1982

Clinical Psychologist (as designated by the U.S. Army)

121st Evacuation Hospital Mental Health clinic, Seoul, Korea.

Duties included psychological testing and interpretations, individual therapy with adolescents and adults, group therapy, relaxation therapy, hypnotherapy and biofeedback, marriage counseling, stress management workshops and play therapy. Involvement at the Residential Alcohol and Drug Treatment Facility included group therapy and team participation. Supervision responsibilities included clinical supervision of paraprofessionals and Master's level professionals. Group work included work as a co-therapist and group facilitator. Crisis intervention and consultant responsibility to The Dept. of Defense Schools and Child Protection Team. Participated in a televised Panel discussion on rape as

well as doing a daily radio program on mental health issues. Outpatient caseload of 30 patients / week was maintained with 1-2 inpatients. Participated in the monthly Newcomer's Briefing. Responsibilities were Korea-wide.

General Experience

1. Relaxation therapy, biofeedback and hypnosis
2. Psychological assessments and evaluations.
3. Administration and scoring/interpretation capabilities of numerous Psychological tests including: Rotter Incomplete Sentence Blank, Draw-A-Person, House-Tree-Person, Rorschach, SIT, WRAT, WRAT-R, WISC-R, Bender –Gestalt, WAIS-R, MACI, MCMI-II, MMPI, TAT, and EDI.
4. First year practicum-design and administration of behavior modification programs at The Regional Institute for Children and Adolescents, Baltimore, 1974-1975.
5. Second year practicum-assisted with research in Baltimore County, Maryland on early detection of learning disabled children.
6. Performed psychological evaluations for Baltimore County Board of Education.
7. Teaching and tutoring learning-disabled children, Bangkok, Thailand, 1975-1977.
8. Substitute teacher middle and high schools, Anne Arundel County, Maryland 1974-1980.
9. One-to-One therapy with adolescents at Crownville State Hospital, Maryland, 1973-1974.
10. Software programming, 1973 -1974.
11. Technical editing, 1970 -1973.
12. Post Doctoral training in Medical Hypnosis, APA August 1982; Advanced Training, ASCH December 1987.

Research Experience

- Investigation of the validity of the Rorschach Ink blots by manipulation of Visual pretest environment in the hostility dimension.
- Investigation of the effects of environment change on the adjustment score (Rotter Incomplete Sentence Blanks) of adults subjects who recently arrived in Bangkok. Thailand for an extended stay.
- Independent study of previously gathered protocols (Goodenough Draw-A-Person) of 400 Nigerian children.
- Proposed/approved research at NIMH to investigate state dependent memory cues in manic-depressive patients using videotape self-confrontation.
- Investigation of the acquisitions of relational concepts in children; specifically in investigating the significance of a time delay in the child's acquiring a conceptual mode of problem solving.
- Research assistant for Dr. James Bayton, Federal Grant No. QASRP-10-12 regarding ideographic versus homothetic approaches to the study of personality.
- Empirical investigation of the acculturation process using three methods data collection, overtime, of adult Americans who recently arrived from an extended stay in Korea and Italians in the U.S.

Select Papers, Publications and Presentations

Acquisition and transfer of relational rules: the effect of delay of four training phases. Master's Thesis, University of Maryland, 1978

Adjusting to a New Culture. A paper presented to the Society for Cross Cultural Research, February 22-24, 1980, Philadelphia, P.A.

The Plumber's Sink: Stress Management of the Consumer and Practitioner Alike. A workshop presented to the El Paso Psychological Association Annual Convention, March 26, 1983, El Paso, Texas.

Helping a Child Understand War. Crecente, E., *Today's Families*, Vol. 1, No.2, Jan/Feb 1984.

Trend in Mental Health. A presentation to the El Paso Psychological Assn. Annual Convention, March 31, 1984, El Paso, Texas.

Dealing with the Aggressive Patient. A presentation to the El Paso Psychological Assn. Annual convention, 1984, El Paso, Texas.

Family Systems in Substance Abuse. A presentation to the El Paso Psychological Assn., 1985, El Paso, Texas.

Chair, El Paso Psychological Assn. Annual Convention, April 10-11, 1986, El Paso, Texas.

Bulimia, Anorexia-nervosa diseases of an Affluent Time. A presentation to the West Texas Council of Governments Annual Convention. Nov. 3-4, 1986, El Paso, Texas.

Codependents: Wounded Hearts. A public presentation sponsored by Sun Valley Hospital, Oct. 1987, El Paso, Texas.

Stress and Suicide in Adolescence. A professional presentation sponsored by Ysleta Independent School District, Aug. 1988, El Paso, Texas.

Adaptation to Geographical Relocation. Doctoral Dissertation. Howard University, Washington DC, 1988.

Motivation: Jumping the Hurdles in your Mind. A professional presentation sponsored by Sun Valley Regional Hospital, July 1990, El Paso, Texas.

Compulsive and Obsessive: When Too Much Is Never Enough. A professional presentation sponsored by Sun towers behavioral health center, March 1989, El Paso, Texas.

Sexuality and Sexual Dysfunction. William Beaumont Army medical Center, Obstetrics and Gynecology, In-service training for residents and staff, September 1991, El Paso, Texas.

Gangs on the Border: Psychological Issues. (Profile-gangs and members) panel discussion at the Joint Convention-Texas, Louisiana, Oklahoma. Psychological Assn., Dallas, Texas. October 1992.

Women and Depression: When Sadness Becomes Sickness. Providence Memorial Hospital, Women's Health College, El Paso, Texas, October 1993.

Professional Decorum and obtaining parity, American Psychological Convention, Toronto, Canada, August, 1993.

Gangs on the Border, Texas Association of Marriage and Family therapist, San Antonio, Texas, January 1994.

Report from the Hospital Practice Committee. Richeson, E., *Texas Psychologist*, October 1994.

Eating Disorders and Diabetes, Diabetes Treatment Center, Columbia Medical Center West, El Paso. Texas, May 1995.

Stress and Heart Disease, Southwestern Conference, Mended Hearts, El Paso, Texas, October 1995.

Discovering Options for Change-clinical Psychology in the 21st Century. Texas Psychological Assn., San Antonio, Texas, November 1995.

Reply to Michael Heffernan, "The Psychologist as Health Care Provider." Texas Psychologist, October 1995. Richeson, E., *Texas Psychologist*, February 1996.

A Call to Action from Texas Psychologists, Richeson, E., *Texas Psychologist*, August 1996.

Why Me-Why My Child, El Paso Diabetes Association Annual Workshop; El Paso, Texas, November 1996.

Eating Disorders-Diseases of an Affluent Time, School Nurses Association, May 1997.

Open Deck Chairs, Richeson, E., *Texas Psychologist*, October 1997.

Dealing with Psychological Factors of Cancer and other Serious Illnesses. Texas Psychological Assn., Houston, Texas, November 1998.

Psychiatric Issues and Group Process for Cancer Patients, American Cancer Society, 1999.

Sexuality and Cancer, American Cancer Society, 2000.

Families Dealing with Cancer, American Cancer Society 2001.

Eating Disorders -Update-Diagnostics and Treatment Options, the 22nd Annual Berlin (Wisconsin) Memorial Hospital Summer Conference, 2002.

Cancer Patients and Concomitant Mood Disorder, the 22nd Annual Berlin (Wisconsin) Memorial Hospital Summer conference, 2002.

Cancer Patients -Beating the Blues, American Cancer Society, 2003

Laughing Your Way through Cancer, Susan G. Komen Breast Cancer Foundation, 2004

Emotional First Aid, Susan G. Komen, 2005

Through Thick and Thin: It takes a team, Bariatric Center, 2005

Teen Dating Violence, Introducing TPA's Stop the Violence Campaign, Texas Psychological Association, 2006

Self Injurious Behaviors and Stand Against Teen Dating Violence, El Paso and Ysleta School District Nurses, 2007

Stand Against Teen Dating Violence, Texas Attorney Generals Key Staff Conference, November 2007

The Younger Face of Domestic Violence, Texas Psychological Association Convention, Austin, TX, 2008

The Younger Face of Domestic Violence: Update 2009: Tween and Teen Dating Violence on the Rise, Houston, TX 2009

Preventing Intimate Partner Violence in Tweens, Teens and Young Adults. Institute on Violence, Abuse and Trauma (IVAT). San Diego, CA, Sept. 2010.

Missed Warning Signs: Another Intimate Partner Murder in the News. Texas Psychologist Vol. 60 Issue 2. Summer 2010

Jennifer Ann's Group Presents Teen Partner Dating Violence Prevention-Program Development in the U.K. London, England, August 2011.

Been There: Done That: Don't Wanna go There Again! Dealing with the Fear of Recurrence. Rio Grande Cancer Foundation, August 2012.

For Better or Worse: Cancer within the Marriage Circle. In the Know Issue 21. 2012 Published by Rio Grande Cancer Foundation.

Teen Dating Violence and Bullying: The Use of Social Media and Video Games to Educate and Prevent. Texas Psychological Association Convention, Houston, TX. Nov. 2014.

Video Games and the Prevention of Dating Violence. Presentation to Life.Teen for February National Teen Dating Violence Prevention Month. Feb. 2015.

Eating Disorders: Who, What and When. Presented at the NEDA walk El Paso- October 2015.

To Overcome, First You Must Understand Teen Dating Violence Lecture on Video (Produced by EPISD) for classroom use, 2016

Links: <https://www.youtube.com/watch?v=E6K3whQNgo0>
<https://vimeo.com/166555193>

Additional presentation information and/or current continuing education credits and references available upon request.